61st FORCE SUPPORT SQUADRON • LOS ANGELES AIR FORCE BASE

SEPTEMBER 2018

THE FORCE

OUTDOOR RECREATION
LOS ANGELES AFB

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WITH OUTDOOR REC!

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NEW LAFSS.COM

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- LA FSS Directory
- Photo Library
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- Digital Magazine
- Job Opportunities
- Give Feedback
- Social Media Hub
- Mobile Friendly

LOS ANGELES AIR FORCE BASE
FORCE SUPPORT SQUADRON

@61FSS

"The Force" magazine is a monthly publication of the 61st Force Support Squadron designed to inform military and civilian members of events, programs and services offered to Los Angeles Air Force Base.

The opinions expressed herein are not necessarily those of Los Angeles Air Force Base, DoD or the U.S. Air Force.

All program dates and times are subject to change. Visit us online at www.LAFSS.com

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Don't forget to check out great deals featured by community businesses throughout our publication.

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Housing Access/Sponsorship Guidance

- **Visitors:** Sponsor must come to the gate and sponsor their visitor on base.
- **Commercial Deliveries/Services** (i.e. FedEx, Amazon, Cable, Trash, Newspaper, etc): There is no need for the individual to come to the gate, it can be delivered to the home.
- **Food Deliveries:** Personnel must come pick up their food at the gates.
- **100% ID checks are still in effect:** This includes all passengers within vehicles; to include military dependents (age 10 or over).

CONTENTS

SEPTEMBER FEATURES

09 UFC 228 Fight Night
Join us at Harborview Lounge for UFC 228 Fight Night on September 8. Doors open at 6 p.m. Free Admission & Food!

15 Fantasy Flight to the North Pole
Registration is now open for the annual United Airlines Fantasy Flight to the North Pole. Register your child(ren) now as this popular event does fill up fast.

16 Pretend City
The Community Center is hosting a private field trip to Pretend City. In this trip children ages 5 and under will be participating in a private class called, *Explore with us*, where they will learn about recycling, healthy eating, and being smart citizens.

17 2018 Oktoberfest
You're invited to celebrate Oktoberfest with FSS and enjoy entertainment, food and activities at the Fort MacArthur Community Center.

18 Sport Fishing Charter
Calling all serious fishermen! Get ready for a trip that will actually put some meat on the table! Join ODR for a full day (12-14 hrs) on the water pulling fish out of the cleanest water in the Los Angeles area, Catalina or Santa Barbara Island.

DEPARTMENTS

4	Directory
6	Base Lodging
8	South Bay Café & Lounge/ Catering
9	Harborview Lounge & Café/ Catering
10	Fitness & Sports Centers
12	Airman & Family Readiness Center
13	Pool
14	School Liaison Officer
16	Community Center
18	Outdoor Recreation
20	Information, Tickets & Travel
22	Youth Programs
24	Child Development Center
24	Family Child Care
25	NAF Human Resources Office
26	LA Star Awards

DIRECTORY

Report non-working phone numbers to
61_fss_marketing@us.af.mil

Fort MacArthur

2400 S. Pacific Avenue, San Pedro, CA. 90731

Airman & Family Readiness Annex
Bldg. 410.....***(310) 653-5428***
By appointment only

Community Center
Bldg. 403.....***(310) 653-8341/8343***
Monday - Friday: 7:30 a.m. - 5 p.m.

Outdoor Recreation / Equipment Rentals / Information, Tickets & Travel
Bldg. 403 .....***(310) 653-8225/8226***
Monday & Friday: 8:30 a.m. - 4:30 p.m.
Tuesday - Thursday: 8:30 a.m. - 1 p.m.

Family Child Care
Bldg. 410.....***(310) 653-6802/8632***

Fitness & Sports Center
Bldg. 425 (2nd Floor).....***(310) 653-8361***
Monday - Friday: 8 a.m. - 8 p.m.

FSS Administration
Bldg. 410 (Suite 1-2).....***(310) 653-8557***

Harborview Catering
Bldg. 403.....***(310) 653-8255***
Monday - Friday: 8 a.m. - 3 p.m.

Harborview Lounge & Café
Bldg. 403.....***(310) 653-8255***
Lounge | Friday: 5 p.m. - 11 p.m.
Café | Friday: 11 a.m. - 1 p.m. & 5 p.m. - 8 p.m.

Lodging (Air Force Inns)
Bldg. 37.....***(310) 653-8296***
Monday - Sunday: 6 a.m. - 12 a.m.

NAF Human Resources Office
Bldg. 410 .....***(310) 653-8943***
Monday & Friday: 8 am. - 3: 30 p.m.

Picnic Area Reservations
Pool Pavilion.....***(310) 653-8226***

Pool
Bldg. 400.....***(310) 653-8226***

Youth Programs
Bldg. 425.....***(310) 653-8383***

- **Open Recreation Summer Hours**
  Monday - Friday: 12 p.m. - 6 p.m.
- **School Age Program**
  Bldg. 425.....***(310) 653-8383***
  Monday - Friday: 6 a.m. - 6 p.m.

El Segundo

200 N. Douglas Street, El Segundo, CA. 90245

Airman & Family Readiness Center
Bldg. 272 (C1-209).....***(310) 653-5428***
Monday - Friday: 8 a.m. - 3:30 p.m.

Career Development & Force Management
Bldg. 272 (C2-308).....***(310) 653-6556***
Monday - Friday: 8 a.m. - 3:30 p.m.

Child Development Center
Bldg. 281.....***(310) 653-6800***
Monday - Friday: 6:30 a.m. - 6 p.m.

Club Membership Services
Bldg. 270.....***(310) 653-1306***
Monday - Friday: 8 a.m. - 3 p.m.

Customer Service (I.D.)
Bldg. 272 (Lobby).....***(310) 653-6556***
Monday - Friday: 8 a.m. - 11 a.m., Walk-ins / Stand-bys
Monday - Friday: 12 p.m. - 3:30 p.m., Appointments

Fitness & Sports Center
Bldg. 286.....***(310) 653-6771***
Monday - Friday: 5 a.m. - 9 p.m.
Saturday - Sunday: 9 a.m. - 5 p.m.

Force Development
Bldg. 272 (C2-302).....***(310) 653-5358***
Monday - Friday: 8 a.m. - 3:30 p.m.
Appointments Preferred

Honor Guard
Bldg. 272 (C2-335).....***(310) 653-5087***

Information, Tickets & Travel
AAFES BX.....***(310) 653-1304***
Monday - Friday: 9:30 a.m. - 4:30 p.m.
Every 1st Saturday of the Month: 9 a.m. - 1 p.m.
Closed for Lunch: 1 p.m. - 2 p.m.

LA Star Awards
Printing & Engraving Services
Bldg. 272 (C2-336).....***(310) 653-5334***
Monday - Friday: 8 a.m. - 3:30 p.m.

Marketing
Bldg. 272 (C2-336).....***(310) 653-5334***
Monday - Friday: 8 a.m. - 3:30 p.m.

Mortuary Affairs
Bldg. 272 (C2-335).....***(310) 653-5121***

NAF Human Resources Office
Bldg. 272 (C2-308).....***(310) 653-5085/5679***
Monday - Friday, 8 a.m. - 3:30 p.m.

Resource Management
Bldg. 272 (C2-336).....***(310) 653-6040***
Monday - Friday: 7 a.m. - 4:30 p.m.

South Bay Café & Lounge
Bldg. 270.....***(310) 653-1306***

- **Café**
  Monday - Friday:
  Breakfast: 6:30 a.m. - 9:30 a.m.
  Lunch: 11 a.m. - 1 p.m.
  Grab & Go: 1 p.m. - 2 p.m.
- **Lounge**
  Thursday: 3 p.m. - 5:30 p.m.
  Friday: 3 p.m. - 6 p.m.

South Bay Catering
Bldg. 270.....***(310) 653-8255***
Monday - Friday: 8 a.m. - 3 p.m.

Special Morale & Welfare Funds
Private Orgs & Fundraising
Bldg. 272 (C2-336).....***(310) 653-5249***

Base Operator...(310) 653-1110 *Base Security Forces...(310) 653-5664* *Tierra Vista ...(877) 830-0611*

Closures

- ***Federal Holidays:*** All 61 FSS facilities will be closed on Federal Holidays with the exception of Lodging. Closure of Food/Lounge operations will be determined on a case-by-case basis & advertised separately.
- ***Family Days:*** All 61 FSS facilities will be closed on Family Days with the exception of Lodging & the Fitness Centers will be open from 9 a.m. to 5 p.m. Closure of Food/Lounge operations will be determined on a case-by-case basis & advertised separately.
- ***Training Days*** *(1st Thur of every month)*: The FSS Military Personnel Flight (Customer Service/I.D. Section, Career Development, Force Management & NAF Human Resources), Force Development Flight (Education & Training), A&FRC, Marketing, L.A. Star Awards and Resource Management will be closed every 1st Thursday of the month for training.

I long to live on your fridge!

SEPTEMBER 2018

A&FRC / SLO · CC / Outdoor Rec · Force Development · Holidays
Club Services · Fitness Center · Youth Programs / CDC · Marketing

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
INTRODUCING THE NEW LAFSS.COM Your Destination for Everything LA FSS. Stay Connected & Don't Miss The Next FSS Event! NEW & IMPROVED • LA FSS Directory • Photo Library • Event Calendar • Digital Magazine • Job Opportunities • Give Feedback • Social Media Hub • Mobile Friendly						1 Stationary Bike Challenge p10
2	3 Labor Day Pool Open p13	4 Pre-Separation Counseling p12	5 Labor Day 5K p10 Social Security Care /Insurance p12	6 First THURSDAYS p8	7 Movie Time at Terrace Theatre p22	8 Women's Varsity Basketball p10 UFC 228 Fight Night p9 Tennis Clinic p16
9	10 Base Intro p12 Smart Girls p23	11 FREE Club Member Breakfast p8	12 Horseshoe Toss Tournament p10	13 Personal Financial Basics p12 PAB Meeting p24	14 Keystone Club p23	15 Local Fishing Charter p18
	Transition GPS Mandatory Prerequisite: Pre-Separation Brief p12					
16	17 Pre-Separation Counseling p12	18	19 Pretend City p16	20 Managing Your Move p12	21 Keystone Club p23 We Own Friday Bingo Night p23	22 Women's Varsity Basketball p10 Horseback Riding & BBQ p18 Tennis Clinic p16
		Mini Boot Camp p10				
23 Sport Fishing Charter p18	24 Passport to Manhood p23	25 Ten Steps to a Federal Job p12	26 Bundles for Babies p12 4 on 4 Sand Volleyball Tournament p10	27	28	29
30				Boots to Business p12		

Weekly Reoccurring Events

MONDAY
- Youth Karate p23
- Explorer Club p23

TUESDAY
- Capstone p12
- Tae Kwon Do Instruction p23
- Torch Club p23

WEDNESDAY
- Running Group p10
- Deployment Readiness p12
- Youth Karate p23
- Fine Arts Program p23
- Computer Instruction p23

THURSDAY
- Tae Kwon Do Instruction p23
- Guitar/Music Lessons p23

FRIDAY
- Keystone Club p23

Coming in October
- Sports Day p11
- Oktoberfest p 17
- Bungee Jumping p19
- Drive the Dream p19

AIR FORCE INNS
USAF SERVICES

Fort MacArthur (Bldg. 37)
2400 S. Pacific Ave.
37 Patton Quadrangle
San Pedro, CA 90731

For reservations, call or email:
(310) 653-8296
FortMacArthurInn@gmail.com
or DoDLodging.net

7 Days a Week: 6 a.m. - 12 a.m.
Check-in: 3 p.m.
Check-out: 11 a.m.

Fort MacArthur Inn is the lodging operation for Los Angeles AFB. It is located in the city of San Pedro, 20 miles south of LA AFB and offers 72 non-smoking units. We strive to ensure our guests have a clean, comfortable room to guarantee a good night's rest and a pleasant stay.

Space-Available reservations can be made up to 120 days in advance, depending on the base occupancy and at the lodging managers' discretion. Space-A reservations for TLF can only be made up to 30 days in advance in accordance to AFI 34-135 Table 3.5. A confirmed reservation may not guarantee a specific room type.

$75 Distinguished Visitor Suites
(2BR) Available through Protocol

$60 Visiting Quarters

$63 Temporary Lodging Facility (TLF)
Comes with a Queen Pull-out Couch

$69 Distinguished Visitor Suites
(1BR) Available through Protocol

HARBORVIEW
LOUNGE & CAFE

The Harborview Lounge offers relaxing views, friendly service, and monthly events and programs to the Fort MacArthur community. Join us on Friday Nights for DJ entertainment, drinks, cocktails, billiards, dancing and more.

Come watch UFC Championship Fights with us see Page 9 for more information.

DAVE & BUSTER'S®

NOW OPEN
IN DEL AMO FASHION CENTER

20% OFF FOOD & PLAY
★ ★ ★ WITH VALID MILITARY ID* ★ ★ ★

*PAID AD. NO FEDERAL ENDORSEMENT OF ADVERTISER INTENDED.

EAT. DRINK. PLAY. WATCH.®

*Present ID at Front Desk or to Server to redeem. Discount is valid for valid Military ID holder and up to 4 guests. Discount applies to food, non-alcoholic beverages, and games only. Excludes Virtual Reality games, gift cards, alcohol, past purchases, tax and gratuity. Not valid with any other offers, including Eat & Play or Eat, Play, Win Combos. Discount applies to food and non-alcoholic beverages ONLY (and excludes games) on special Game Day prices including Half Price Games Wednesdays or any Half Price Game promotion. Not valid with Special Events packages. Minor policies vary by location – please check www.daveandbusters.com/locations for details. At participating locations only. Restrictions apply. See store for details.

FREE $20 GAME PLAY
WITH PURCHASE OF $20 GAME PLAY*

*Promotional. EXPIRES: 5/31/2019. Present this coupon at Front Desk to redeem. Limit one coupon per customer per Power Card.® Coupon value may not be divided into multiple Power Cards. Barcode valid for one use only. Minor policies vary by location – please check www.daveandbusters.com/locations for details. Not valid with any other offers, including Eat & Play Combos, Half Price Games Wednesdays or any Half Price Game promotion. Not valid with Special Events Packages or on Virtual Reality games. Coupon must be surrendered at time of redemption and may not be photocopied or duplicated. Non- negotiable. Power Card activation fee is $2. ($3 Times Square). NOT FOR RESALE.

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SOUTH BAY CAFE & LOUNGE AT EL SEGUNDO

GRAB & GO
NOW OPEN
1 P.M. - 2 P.M

South Bay Cafe & Lounge (Bldg. 270)
Monday - Friday
Breakfast: 6:30 a.m. - 9:30 a.m.
Lunch: 11 a.m. - 1 p.m.
NEW **Grab & Go: 1 p.m. – 2 p.m.**

Lounge Hours:
Thursday: 3 p.m. - 5:30 p.m.
Friday: 3 p.m. - 6 p.m.

Closed: September 3

Club Member Services (Bldg. 270)
(310) 653-1306
Monday - Friday 8 a.m. - 3 p.m.

The South Bay Café is proud to serve quality meals, provide friendly service, and monthly events and programs to the LA AFB community.

Breakfast and lunch is served daily and offers hot-line foods, special orders and made-to-order sandwiches, and assorted beverages.

Catering services are also available for special functions such as promotions or retirements. Call (310) 653-8255 for more information.

Hotline Daily LUNCH SPECIALS

Monday: Chef's Choice
Tuesday: Ethnic Cuisine
Wednesday: Fried/Rotisserie Chicken
Thursday: Carved Meats
Friday: Seafood

WEDNESDAY SPECIAL
Fried or Rotisserie Chicken

ONLY $7.95

ONLY $6.50

TURKEY SANDWICH, CHIPS & FOUNTAIN DRINK

AIR FORCE SERVICES CLUBS

Free Club Member BREAKFAST

Tuesday, September 11, 7 a.m. – 9 a.m.

Club Member Breakfast served inside the South Bay Lounge.

Sponsored by
AEROSPACE FEDERAL CREDIT UNION

First THURSDAYS AT THE SOUTH BAY LOUNGE

Thursday, September 6, 3 p.m. – 5 p.m.

Complimentary Chicken Wings &
$2.00 off Pitchers of Beer

No federal endorsement of sponsor(s) intended nor implied.

HARBORVIEW LOUNGE & CAFE AT FORT MACARTHUR

HARBORVIEW
LOUNGE & CAFE

Harborview Lounge & Cafe (Bldg. 403)
(Located inside the Community Center)
(310) 653-8255

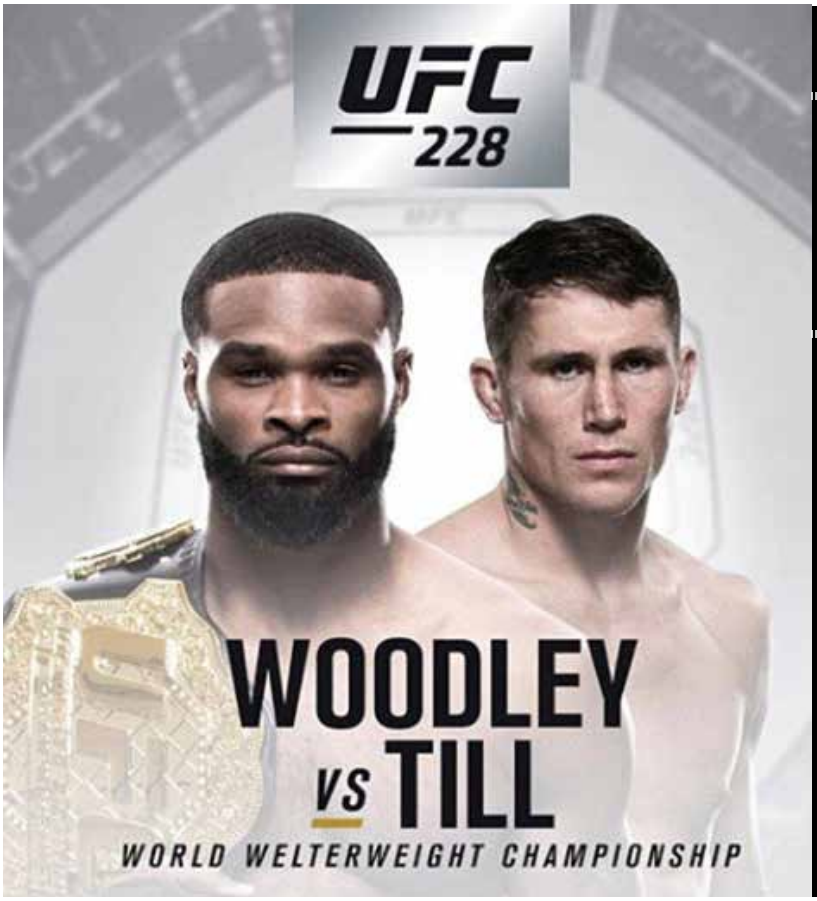
Cafe Hours:
Friday: 11 a.m. - 1 p.m. & 5 p.m. - 8 p.m.

Lounge Hours:
Friday: 5 p.m. - 11 p.m. **(21 & over after 8 p.m.)**
**Limited Menu Items Available From 5 p.m. - 8 p.m.*

The Harborview Lounge offers relaxing views, friendly service, and monthly events and programs to the Fort MacArthur community. Join us on Friday Nights for DJ entertainment, drinks, cocktails, billiards, dancing and more.

Limited food items such as sandwich wraps, pizza, sliders, and salads are offered only on Fridays.

Catering services are also available for special functions such as promotions or retirements. Call (310) 653-8255 for more information.

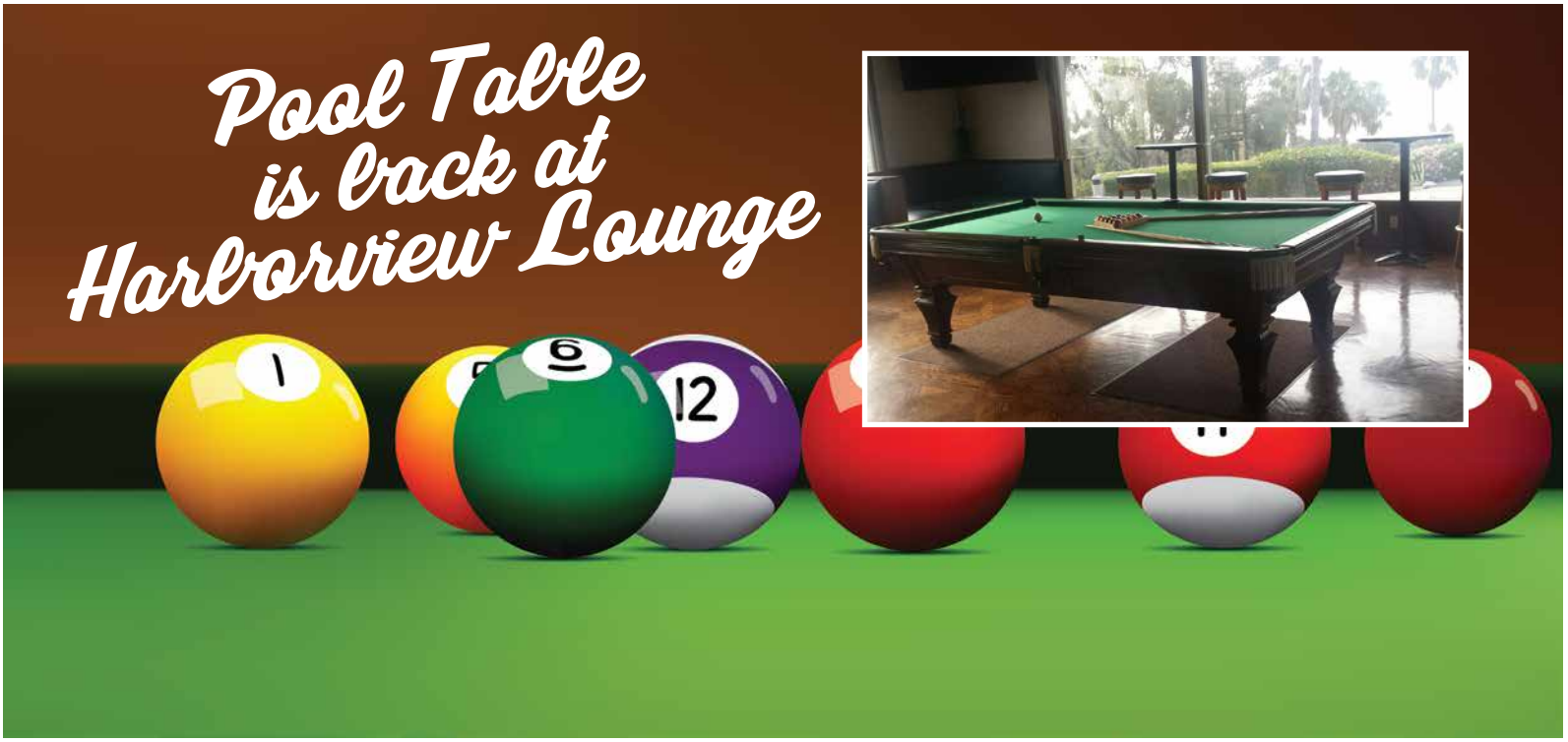


UFC 228
FIGHT NIGHT

SATURDAY, SEPTEMBER 8
Doors Open at 6 p.m.

Watch Ultimate Fighting at
The Harborview Lounge

FREE
ADMISSION
AND FOOD



FITNESS & SPORTS CENTERS

El Segundo (Bldg. 286)
(310) 653-6771
Monday - Friday: 5 a.m. - 9 p.m.
Saturday & Sunday: 9 a.m. - 5 p.m.
24-hour access available - Registration required

Fort MacArthur (Bldg. 425)
(310) 653-8361
Monday - Friday: 8 a.m. - 8 p.m.
Saturday & Sunday: Closed
24-hour access available - Registration required

Closed: September 3

Our facilities are fully equipped and free of charge. Friendly fitness staff are standing by to assist with any fitness or sports related questions.

Military, Dependents, DoD Civilians & Aerospace employees are eligible to access both fitness centers.

Ask About: Incentive Programs, Military Fitness Testing (310) 653-6771, Intramural & Varsity Sports

Must Know Rules: 100% ID check at all times & wear proper attire

LAAFB Fitness Center FREE Wi-Fi

STATIONARY BIKE CHALLENGE

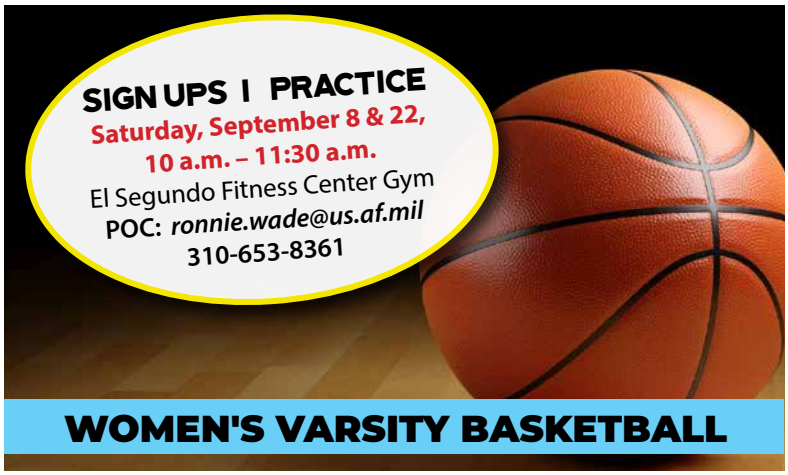
Stationary Bike Challenge (FIP)
All of September
Log your miles all month long - Participant with the most miles wins a prize! *Health and Wellness Center Fitness Improvement Program

Labor Day 5k Walk/Run
Wednesday, September 5, 12 p.m. - 1 p.m.
Location: El Segundo
Come out and compete for some great prizes at this 5K. Top Male and Female and the individual with the closest estimated time. Watches and timers will not be allowed during this event due to the prize for the estimated time.

Horseshoe Toss Tournament
Wednesday, September 12-13, 12 p.m. - 1 p.m.
Location: El Segundo Fitness Center
Singles/ Doubles Horseshoe Single Elimination Tournament. All levels welcome. Never Played Before? We'll teach you!! Sign up early to secure your spot. Sign-ups taken at the Fitness Center front desk.
POC: Robert Morden

Mini Boot Camp
Tuesday, September 18-20, 12 p.m. - 1 p.m.
Location: El Segundo Fitness Center
Want to change up your midday workout? Challenge yourself to 3-days of intense pulse training. Sessions include cardiovascular, free-weight and core training.
POC: Courtney Stephens

4 on 4 Sand Volleyball Tournament
Wednesday, September 26, 4 p.m. - 5 p.m.
Location: El Segundo Fitness Center
Come out with your friends for a fun afternoon of friendly competition during this one or two day single elimination tournament. Be ready to leap, run and dive your way to the championship while playing an exciting game. **POC: Juvenal Reyes**



WOMEN'S VARSITY BASKETBALL

Running Group
Wednesdays, 6:30 a.m. - 7:30 a.m.
Location: Live Oak Park, Manhattan Beach (1601 N. Valley Dr.)
Interested in getting together for group runs to help with staying healthy, keeping fit, and training for that 5K or P.F.T? Join us Wednesday mornings at Manhattan Beach and enjoy a beautiful run along the beach. **POC: *Courtney.Stephens.1@us.af.mil***

Group Fitness & Aerobics
Visit us online at *www.LAFSS.com* for the most up-to-date schedule. Courses are FREE. No pre-registration required. Instructor and class content are subject to change at any time.

Trek Across America & California
All of September
Trek Across America & California are self paced programs that allow individuals to be rewarded when the goal is achieved. The program is based on the honor system and is a year round program. There are worksheets located in a folder by the front desk at the El Segundo and Fort MacArthur Fitness Centers to keep track of your mileage. Prizes are given when you reach highlighted landmarks along the map. If you participate in the Trek across California, you can transfer your mileage to the USA Trek but prizes will start from Amarillo, Texas. Modes of travel can be achieved through the following exercises:
Treadmill, Bike, Stepper, Cross Trainer, Rower & Run/Walk

GROUP FITNESS & AEROBICS

SPORTS DAY

•OCTOBER 11, 2018•

COMPETE FOR FUN & BRAGGING RIGHTS!

Gather your squadron, directorate, or group together for our annual day-long takeover for Fort MacArthur.

Opening ceremonies take place promptly at 8 a.m. on the parade grounds with a group warm-up session. Be sure to register attendance under your team's sign-in roster.

SPONSORED BY

USAA

NO FEDERAL ENDORSEMENT OF SPONSORS INTENDED NOR IMPLIED.

AIRMAN & FAMILY READINESS CENTER

El Segundo (Bldg. 272, C1-209)
(310) 653-5428

Monday - Friday: 8 a.m. - 3:30 p.m.

Closed every 1st Thursday of the month for training.

Closed: September 3

Our team provides comprehensive work/life consultations, workshops, seminars and information.

Let us help with financial planning, employment, parenting & marriage enhancement, deployment, K-12 education, special needs support, casualty assistance, and relocation services.

Supporting Airmen & their families, civilian employees & retirees.

Non-Network Online Access Computer Lounge

Los Angeles AFB Airman & Family Readiness Center

SERVICES

Casualty Assistance Office
This office provides dignified and compassionate assistance to survivors of deceased active duty and retired Air Force members.

Personal Financial Counselor
Military personnel can call Ms. Deborah Ellis at (505) 231-3491 to discuss financial issues.

Military & Family Life Counselor
Need help with stressful issues? Call (310) 462-6072 for a confidential appointment.

WEEKLY MEETINGS

Capstone *(By appointment only)*
Tuesdays, September 4, 11, 18 & 25, *8:30 a.m. - 11 a.m.*
Location: Bldg. 272, C1-209
Required for all military that are separating or retiring.

Deployment Readiness
Wednesdays, September 5, 12, 19 & 26, *1 p.m. - 2 p.m.*
Location: Bldg. 272, C2-203
This workshop will give you tips on how to prepare yourself and family members while you are deployed.

PROGRAMS

Pre-Separation Counseling
Tuesday, September 4 & Monday, September 17 , 1 p.m. - 3 p.m.
Location: Bldg. 272, C2-203
Are you separating or retiring? Fulfill your pre-separation briefing requirement at this briefing.

Social Security Maximization/Long-Term Care Insurance
Wednesday, September 5, 10 a.m. - 12 p.m.
Location: Bldg. 272, C2-205
Get ready for retirement by exploring your options for both these programs.

Military/Civilian Base INTRO Program
Monday, September 10, 11:45 a.m. - 4 p.m.
Location: Bldg. 270, Daedalian Room
During this monthly program, speakers from different units on base welcome and inform newcomers of the unique aspects of LA AFB and the Los Angeles area.

Transition GPS (Goals, Plans, Success)
September 10-14, 8 a.m. - 4 p.m.
Location: Bldg. 272, C2-201/202
Transition GPS is mandatory for all separating and retiring military members. The five-day format covers a broad range of topics from financial planning to job search, plus VA benefits. Pre-separation counseling is mandatory before attending Transition GPS. Spouses are highly encouraged to attend.

Personal Financial Basics
Thursday, September 13, 1 p.m. - 2:30 p.m.
Location: Bldg. 272, C2-203
This is a mandatory class for all O1 & O2 who are new to Los Angeles Air Force Base. Open to military and civilians. Learn budgetary basics, saving tips, and how to survive in this high cost area.

Managing Your Move
Thursday, September 20, 1 p.m. - 2:30 p.m.
Location: Bldg 272, C1-203
Get good advice on planning your next PCS from the Clinic, Traffic Management and Finance.

Ten Steps to a Federal Job
Tuesday, September 25, 8 a.m. - 12 p.m.
Location: Bldg. 272, C2-205
Learn the ins and outs of applying for a federal job, including analyzing vacancy announcements, formatting your resume, and writing dynamic KSAs (Knowledge, Skills, Abilities). We MUST have at least 4 attendees.

Boots to Business
Thursday, September 27 & Friday, September 28, 8 a.m. - 4 p.m.
Location: Bldg. 272, C2-205
The Small Business Administration presents a two-day workshop on business principles, writing a business plan and finances.

Bundles for Babies

Wednesday, September 26, 12 p.m. – 4 p.m.
Location: Health Promotions Classroom in the Fitness Center

Come at noon for lunch!! Learn from the experts how to care for your new bundle of joy. Air Force Aid Society sponsors a gift for all AD Air Force, Navy, Marine Corps and Coast Guard expectant parents. Army families and civilians are welcome to attend. Call (310) 653-5785 to sign up.

TIERRA VISTA COMMUNITIES

A Community to Fit Your Lifestyle

Tierra Vista Communities offers residents comfortable, convenient, pet-friendly living in a gated community. Our two, three and four bedroom homes are located in the heart of San Pedro. We provide 24-hour emergency maintenance service and basic utilities* with rent starting at $1,875.

All branches of the Military Welcome: Active, Reserve and Retirees!

Also Proud to Serve: Federal Civil Service Employees and Retirees, DoD Contract Employees, Police, Fire and Paramedic Personnel!

*Utility allowance based on community average

Created by lendlease

877-830-0611 • 31 Patton Quadrangle, San Pedro, CA 90731 • www.tierra-vista.com

POOL

Fort MacArthur POOL

Fort MacArthur (Bldg. 400)
(310) 653-8226

SUMMER HOURS: May - October
Tuesday - Sunday: 12 p.m. - 8 p.m.
61FSS.ODR@us.af.mil

The Fort MacArthur swimming pool is open to all base members and Tierra Vista housing residents.

Features include:

- **Heated Pool**
- **Water Spray Park**
- **Dedicated 25 Yard Lap-Swim Area**

Direct any questions or concerns to 61st Force Support Squadron Outdoor Recreation Management located at the Community Center.

Admission is FREE everyday

SLO

SCHOOL LIAISON OFFICER

Fort MacArthur (Bldg. 410)
(310) 653-8631
Tuesday: 8 a.m. - 5:30 p.m.

El Segundo(Bldg. 272, Room C1-209)
(310) 653-5428 or (310) 653-8631
Monday, Wednesday, Thursday:
8 a.m. - 5:30 p.m., Fridays 8 a.m. - 4:30 p.m.

61fss.slo@us.af.mil
www.lafss.com/slo

Closed every 1st Thursday of the month for training.

SERVICES

SLO Distribution List

If you would like your name placed on the School Liaison Officer (SLO) distribution list for the upcoming events such as the toy workshop, scholarships, academic recognition, magnet and charter school deadlines, laws affecting military connect students program and funding, etc. Please email your name, phone number, email address and whether your student is in elementary, middle or high school to SLO at *61fss.slo@us.af.mil*

Military Interstate Compact

What Is the Compact? The Compact provides for the uniform treatment of military children transferring between school districts and states. It was developed by the Council of State Governments' National Center for Interstate Compacts, the Department of Defense, national associations, federal and state officials, departments of education, school administrators and military families.
http://mic3.net/pages/FAQ/faq_indexnew.aspx

Homework Support for Military Families

Online homework tutoring available to all military families at *http://military.tutor.com/home*

Do you have questions about enrolling your child in school?

The Los Angeles Air Force Base School Liaison Officer (SLO) is here to help you find the answers you need. The average military family moves 9 to 12 times throughout K-12 education. With each move, military children face many school-related challenges. The School Liaison Officer is your advocate.

California schools are responsible for California State learning standards. Each school's academic performance Index (API) and climate survey can be found at *http://dq.cde.ca.gov/dataquest/*

Last year's Fantasy Flight!

UNITED

Fantasy Flight℠ to the North Pole

25TH ANNIVERSARY

Register at
www.LAFSS.com/SLO
September 1, 2018 - September 10, 2018

If you are interested in your child participating in the United Airlines Fantasy Flight to the North Pole, register on-line and contact the School Liaison Officer for additional questions.

WHAT IS A FANTASY FLIGHT?

- Fantasy Flight is an actual flight to the "Fantasy North Pole" lasting approximately 45 minutes.
- During the flight children enjoy games, snacks, and entertainment.
- Upon landing, children enter the Magical Winter Wonderland for a day of games and activities, a delicious hot meal, and of course, a photo with Santa & Mrs. Claus.

WHO IS ELIGIBLE?

- Military connected children ages 5-9, dependents of Active Duty, DoD Civilians Employees, National Guard, Reserve, and Veterans.
- Children who were selected to attend 2017 Fantasy Flight are ineligible to attend the 2018 Fantasy Flight.

Children that are selected to participate in the Fantasy Flight must clear FAA and be available on December 1, 2018 for a full day event from 8:00 a.m. – 6:00 p.m.; unfortunately we cannot accommodate late arrivals or early departures. Children must be comfortable traveling with a chaperone who may not be their parent(s) and must comfortably be able to ascend and descend stairs with minimal assistance. United Airlines has reserved chaperone slots for trained youth staff members and school personnel to assist your children throughout the day.

COMMUNITY CENTER
LOS ANGELES AFB

Fort MacArthur (Bldg. 403)
(310) 653-8341/8343

Monday - Friday: 7:30 a.m. - 5 p.m.

Closed: September 3

Multi-purpose 22,000 sq. ft. facility offering magnificent views of the Pacific Ocean. Located at historic Fort MacArthur, San Pedro.

We offer a number of rooms for scheduling meetings, social and special events. Event catering services available, (310) 653-8341.

Fort Mac Community Center

FREE Wi-Fi

Pretend City

Wednesday, September 19 | 9 a.m.

Location: Pretend City Children's Museum

The Community Center is hosting a private field trip to Pretend City. In this trip children ages 5 and under will be participating in a private class called *Explore with us*, where they will learn about recycling, healthy eating, and being smart citizens. After the class participants will be able to explore the museum for the remainder of the day at their leisure.

Participants must pre-register in order to participate.

ELIGIBLE MEMBERS	PRICE
AF Active Duty, AF Reservists, All Other Branches Assigned to LAAFB	$5.00
Other Branches, DoD, Retirees, Contractors & Guests	$10.00

Tennis Clinic

Saturday, September 8 & 22 | 10 a.m. -11:30 a.m.

Location: Fort MacArthur Tennis Courts (next to pool)

The Community Center is hosting FREE tennis clinics. These classes are for everyone ages 7+ and all skill levels are welcome. All supplies will be provided.

FREE to all Air Force active duty, reservists, dependents, and other branches assigned to Los Angeles AFB.

Participants must pre-register in order to participate.

REOCCURRING PROGRAMS

Party Room Reservations

Available Fridays only, 6 p.m. - 11 p.m.

The Community Center has space available for events such as potlucks, baby showers, anniversary parties, organizational functions, etc. The Harborview Lounge is available to serve your needs (no outside alcohol permitted). Reservations can be made up to 2 months in advance. Security deposit is required and refundable. **Must be 21 or older to reserve***

Room	Group Size	Price	Deposit
Patio Room	50 and under	$50.00	$50.00

Cyber Zone

Monday - Friday, 10 a.m. - 4 p.m.

Need to work on your resume or send some emails, but don't have access to a computer? Or do you need Wi-Fi for your portable device?

The Community Center has you covered. The Cyber Zone has 3 iMac computers and an available Wi-Fi hot spot for personal and portable devices. First come, first serve basis.

OKTOBERFEST

FOOD | MUSIC | ACTIVITIES

Fort MacArthur
Community Center

GERMAN BEER ONLY $2

FRIDAY, OCTOBER 5
5 P.M. - 10 P.M.

ADULTS: $7 | CHILDREN 6-12: $5 | UNDER 5 YEARS: FREE

ADMISSION INCLUDES:
Food, Activities, & Collectible Mug with one Alcoholic or Non-Alcoholic Drink.

ACTIVITIES:
Inflatables, Face Painting, DJ w/Kids Games

GERMAN BAND:
The Bluebirds

FOOD:
Bratwurst, Sauerkraut, Pommes Frittes (German Fries), & Pretzel

www.LAFSS.com | Follow us @61FSS

Fort MacArthur (Bldg. 403)
(310) 653-8225/8226

Monday & Friday: 8:30 a.m. - 4:30 p.m.
Tuesday - Thursday: 8:30 a.m. - 1 p.m.
61FSS.ODR@us.af.mil

Closed: September 3

Outdoor Recreation is your one-stop center for year-round Southern California outdoor fun and adventure. Our experienced staff are devoted to bringing you exciting recreation opportunities, a wide variety of equipment rentals, guided adventures and discount tickets to area attractions.

Learn more about RecOn and Single Airmen programs at *www.LAFSS.com/Outdoor-Recreation/R4R-Programs*

Los Angeles AFB Outdoor Recreation & ITT

AFTERNOON FAMILY
LOCAL FISHING CHARTER

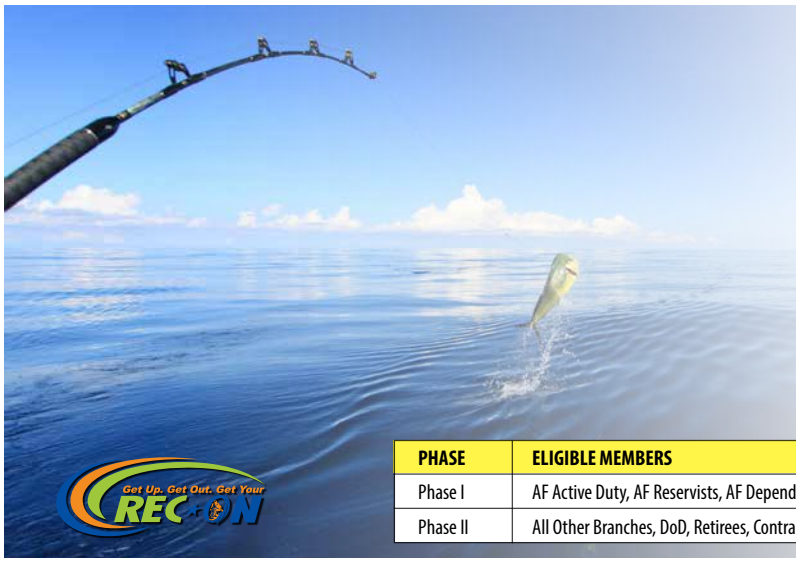
SATURDAY, SEPTEMBER 15 (Ages 7+)
Join ODR for an afternoon 1/2 day private boat charter out of Redondo Beach Harbor. Single day fishing license, rod, and tackle are included. Fish cleaning and filleting is available on the boat for a small cash fee ($1-2/fish).

PHASE	ELIGIBLE MEMBERS	REGISTRATION BEGINS	REGISTRATION ENDS	PRICE
Phase I	AF Active Duty, AF Reservists, AF Dependents Accompanying Active Member	August 22, 2018	September 8, 2018	$15.00
Phase II	All Other Branches, DoD, Retirees, Contractors & Guests	August 29, 2018	September 8, 2018	$125.00

2HR SUNSET
HORSEBACK RIDING & BBQ

SATURDAY, SEPTEMBER 22
Saddle up and join us on a 2 hour horseback tour to Mt. Hollywood enjoying stunning 360 degree views of the entire Los Angeles basin, from the San Gabriel and San Fernando Valleys all the way to the Pacific Ocean and Palos Verdes. After the ride, we will head back to the ranch and and enjoy a catered family-style BBQ dinner and live country music. Transportation from El Segundo and Fort Mac will be provided.

PHASE	ELIGIBLE MEMBERS	REGISTRATION BEGINS	REGISTRATION ENDS	PRICE
Phase I	AF Active Duty, AF Reservists, AF Dependents Accompanying Active Member	August 22, 2018	September 20, 2018	$75.00
Phase II	All Other Branches, DoD, Retirees, Contractors & Guests	August 29, 2018	September 20, 2018	$275.00



FULL DAY
SPORT FISHING CHARTER

SUNDAY, SEPTEMBER 23 (Ages 10+)
Calling all serious fisherman! Get ready for a trip that will actually put some meat on the table! Join ODR for a full day (12-14 hrs) on the water pulling fish out of the cleanest water in the Los Angeles area, either Catalina or Santa Barbara Island. Unlike our local boats, this charter will pursue a target species such as Yellowtail, White Sea bass, various tuna species, Barracuda, or whatever else is biting. Rod/reel, bait, tackle, and 1 day fishing license included.

PHASE	ELIGIBLE MEMBERS	REGISTRATION BEGINS	REGISTRATION ENDS	PRICE
Phase I	AF Active Duty, AF Reservists, AF Dependents Accompanying Active Member	August 22, 2018	September 19, 2018	$40.00
Phase II	All Other Branches, DoD, Retirees, Contractors & Guests	August 29, 2018	September 19, 2018	$150.00

BRIDGE TO NOWHERE BUNGEE JUMPING

SATURDAY, OCTOBER 13 (Ages 13+)

In the late 1930's, due to severe flooding, the USFS abandoned the East Fork Road Project leaving behind a completed bridge in the middle of what is now the Sheep Mountain Wilderness. After an adventurous group hike to the bridge and being rigged up by professional bungee guides, participants will get the unique experience of bungee jumping from the "Bridge to Nowhere." Transportation is included from both El Segundo and Fort MacArthur.

PHASE	ELIGIBLE MEMBERS	REGISTRATION BEGINS	REGISTRATION ENDS	PRICE
Phase I	AF Active Duty, AF Reservists, AF Dependents Accompanying Active Member	September 5, 2018	October 9, 2018	$25.00
Phase II	All Other Branches, DoD, Retirees, Contractors & Guests	September 12, 2018	October 9, 2018	$125.00

DRIVE THE DREAM

SATURDAY, OCTOBER 27 (Ages 18+ w/ Valid Drivers License)

Join ODR for an adrenaline filled day at the Auto Club Speedway driving some of the fastest cars on the market! After 3 high speed laps as a passenger (of a professional racing instructor) in a Porsche Cayenne to get familiar with the track and a brief lesson on proper driving technique, hop behind the wheel of the super car of your choice to burn some rubber. A professional racing instructor will sit in the passenger seat to coach you around the track and encourage you to go FAST... Available models include the Lamborghini Huracan, Ferrari 488, Ferrari 458, Audi R8 Plus, McLaren 570S, Porsche GT3, Porsche Cayman GTS, or Nissan GTR. Transportation from Fort MacArthur and LA AFB is provided.

PHASE	ELIGIBLE MEMBERS	REGISTRATION BEGINS	REGISTRATION ENDS	PRICE
Phase I	AF Active Duty, AF Reservists, AF Dependents Accompanying Active Member	September 13, 2018	October 9, 2018	$125.00
Phase II	All Other Branches, DoD, Retirees, Contractors & Guests	September 19, 2018	October 9, 2018	$325.00

EQUIPMENT RENTAL PRICE LIST

www.LAFSS.com/outdoor-recreation/equipment-rentals

RENT FROM US & SAVE!

Choose Combinations of . . .

- Camping Equipment
- Hiking Necessities
- Kayaks
- Standup Paddle Boards
- BBQ Grills & Coolers
- Canopies, Tables & Chairs
- Concession Machines: (Cotton Candy, Popcorn, Snow Cone)
- Bounce Houses
- And Much More!

CAMPING EQUIPMENT

	Day	Weekend	Week
Camping Chairs	4.00	6.00	16.00
Cooler (54 1t.)	3.00	4.50	12.00
Cooler (100 qt.)	4.00	6.00	16.00
Cooler w/ wheels (165 qt.)	5.00	7.50	20.00
Cots	3.00	4.50	12.00
Dispenser (5 gal.)	3.00	4.50	12.00
Dispenser (10 gal.)	3.00	4.50	12.00
Family Cook Set	3.00	4.50	12.00
Sleeping Bag	4.00	6.00	16.00
Therma Rest (Foam)	0.50	0.75	2.00
Therma Rest (2")	3.00	4.50	12.00
Therma Rest (3")	5.00	7.50	20.00
Tent (3-Man)	10.00	15.00	40.00
Tent (4-Man)	15.00	22.50	60.00
Tent (6-Man)	20.00	30.00	80.00
Tent (8-Man)	25.00	37.50	100.00
Roll Table (27"x27")	5.00	7.50	20.00
Roll Table (27"x27")	7.50	11.25	30.00

**JUMPERS / INFLATABLES

	Day	Weekend	Week
Turtle (13x13)	50.00	75.00	200.00
Castle (15x15)	55.00	80.00	220.00
Western (15x15)	55.00	80.00	220.00
Sports Arena (15x15)	55.00	80.00	220.00
Tiger (16x28)	60.00	85.00	240.00
Euro Castle (18x17)	60.00	85.00	240.00
Castle w/ Slide (15x15)	60.00	85.00	240.00
Sports Arena w/ Slide	60.00	85.00	240.00
Jungle w/ Slide	60.00	85.00	240.00

Complete inventory list available online at *www.LAFSS.com/outdoor-recreation/equipment-rentals*

Pricing is subject to change at any time.

INFORMATION, TICKETS & TRAVEL

LOS ANGELES AFB Information Tickets & Travel

El Segundo (AAFES BX)
(310) 653-1304
Monday - Friday: 9:30 a.m. - 4:30 p.m.
Closed for Lunch: 1 - 2 p.m.
Open every 1st Saturday of the month
Saturday: 9 a.m. - 1 p.m.

Fort MacArthur (Bldg. 403)
(310) 653-8225/8226
Monday & Friday: 8:30 a.m. - 4:30 p.m.
Tuesday - Thursday: 8:30 a.m. - 1 p.m.

Closed: September 3

Discount tickets to theme parks, area attractions, hotels and more! Tickets & Tours is now located in the AAFES BX next to the furniture store. E-ticket sales are also available at Fort MacArthur. Visit Outdoor Recreation located inside the Community Center in building 403 across from the base swimming pool.

Los Angeles AFB Outdoor Recreation & ITT

MOA= More Options Available - View Online Pricelist

Theme Parks	OUR PRICE			GATE PRICE	
	Adult	Child	Age Range	Adult	Child
DISNEYLAND OR CALIFORNIA ADVENTURE				**GATE PRICE**	
Disney 3-Day Military Salute 2018	$165.00	with restrictions		$168.00	
Disney 4-Day Military Salute 2018	$185.00	with restrictions		$188.00	
Disneyland or California Adventure: 1-Day 1-Park Only	$95.25	$90.50	Ages 3-9	$97-$135	$91-$127
Disney 1-Day Hopper	$145.25	$135.50	Ages 3-9	$147-$185	$141-$177
Disney 2-day Non-Hopper	$196.00	$185.00	Ages 3-9	$210.00	$198.00
Disney 2-day Hopper	$240.00	$230.00	Ages 3-9	$260.00	$248.00
Disney 3-day Non-Hopper	$260.00	$245.00	Ages 3-9	$280.00	$264.00
Disney 3-day Hopper	$315.00	$300.00	Ages 3-9	$330.00	$314.00
DISNEYWORLD (Orlando, FL)				**GATE PRICE**	
Military 4-Day Hopper	$224.05		Ages 3-Adult	$81.31	
Military 5-Day Hopper	$243.85		Ages 3-Adult	$81.31	
Disney World Tickets must be ordered in advance. Please allow TWO WEEKS for processing and shipping.	$185.00	$173.50	Ages 3-9	$195.00	$183.00
Universal Studios: 1-Day General Admission.	$99.00		Under 2 free	$129.00	$129.00
Universal Studios: Annual Pass (Blackout Days Apply)	$114.00		Under 2 free	$149.00	
Legoland 1-Day Legoland Park only	$65.00		Ages 3-Adult	$99.00	
Legoland 2-Day with Sealife	$75.00		Ages 3-Adult	$117.00	
Legoland 3-Day California Resort Hopper	$80.00		Ages 3-Adult	$123.00	
Legoland Merlin Annual Pass Standard	$140.25		Ages 3-Adult	$189.00	
Legoland Merlin Annual Pass Premium	$179.50		Ages 3-Adult	$269.00	
Knott's Berry Farm	$45.50		Ages 3-Adult	$79.00	
Six Flags Magic Mountain	$54.00		3 and older	$84.99	
Six Flags Discovery Kingdom	$45.75		3 and older	$72.09	
LOCAL ATTRACTIONS	**OUR PRICE**			**GATE PRICE**	
(MOA) = more options available - View online pricelist	Adult	Child	Age Range	Adult	Child
Aquarium of the Pacific: Long Beach	$20.50	$15.25	Ages 3-11	$29.95	$17.95
Atlantis Laser Tag	$4.50			$7.00	
Big Bear Mountain: Regular Bike Lift (MOA)	$35.50	$22.25		$55.00	$38.00
Birch Aquarium at Scripps	$15.25	$12.00	Ages 3-17	$18.50	$14.00
Californias Great America (MOA)	$33.50		Ages 0-3 child	$71.00	
Catalina Express (Round trip)	$66.00	$55.75	Ages 2 -11	$73.50	$58.00
Circus Vargas: Arena admission	$22.75	$15.25	Ages 2 - 10	$37.00	$27.00
Circus Vargas: Bleacher general admission	$15.25	$10.50	Ages 2 - 10	$25.00	$15.00
Dana Wharf Sportfishing: 1/2 Day (MOA)	$28.25		Ages 3 -12	$46.00	
Dana Wharf Sportfishing: Whale Watching	$24.50	$13.00	Ages 0 - 14	$45.00	$29.00
HornBlower: Marina Del Rey; Brunch Cruise (MOA)	$66.75	$51.25	Ages 4 - 12	$99.26	$59.55
Ifly: Hollywood	$59.50		Ages 3 and up	$72.90	
Ifly: Ontario	$59.50		Ages 3 and up	$82.81	
K1 Speed: Arrive and Drive	$15.00		Height 4'11 - 7'	$25.95	
K1 Speed: 3 Times, 14 Laps	$35.00			$55.95	
Medieval Times Dinner & Tournament Reservations Required: 1-888-We-Joust (935-6878)	$41.00	$33.50	Under 12	$62.67	$37.41
Pirates Dinner Adventure Reservations	$28.25	$26.25	Ages 3 - 11	$67.11	$42.11
Racelegal: 1 Day Admission - Driver	$26.00			$30.00	
Racelegal: 1 Day Admission - Spectator	$6.50			$10.00	
Santa Cruz Beach Boardwalk: All-Day Combo	$44.25			$62.95	
Urban Adventure Quest	$39.75			$49.00	
USS Iowa (MOA)	$13.00	$8.00		$19.00	$11.00
Smart Destinations Go Card				**GATE PRICE**	
Go Los Angeles Card	$79-$299	$61-264	Ages 3 - 11	$89-$339	$69-$299
Go Hollywood Card	$64.00	$42.00	Ages 3-Adult	$72.00	$50.00

Pricing is subject to change by attractions at any time without advance notice. Call the ITT office to verify pricing. No exchanges or refunds, no exceptions.

OVER 100 NEW TICKETS

VISIT US ONLINE

NOW AVAILABLE AT LOS ANGELES AFB!

FOR THE FULL PRICELIST

LAFSS.COM/ITT

WAVES of HONOR

FREE ADMISSION FOR VETERANS

& UP TO 3 DEPENDENTS AT SEA WORLD SAN DIEGO

WAVESOFHONOR.COM PROMOTION ENDS 9/20/2018

Universal Studios® HALLOWEEN HORROR NIGHTS®

TICKETS AVAILABLE SEPTEMBER 14, 2018

STAY CONNECTED FOR PRICING AT LAFSS.COM 61FSS

Receive **15% Off** the Best Available Rate at any Choice Hotel!

Book On-Line at *www.ChoiceHotels.com*

1. Click on Best Available Rate
2. Click Special Rate/Corp ID and enter base **ID#:00230120**
3. The selected rate is a Preferred Customer rate **(SC15 Rate)**

LOS ANGELES AFB Information Tickets & Travel

Go San Diego Card	**$83-$264**	**$79-$237**	Ages 3 - 11	$94-$299	$89-$269
Go San Francisco Card					
Many more locations available!					
Destinations and more information located at -					
https://www.smartdestinations.com/					
SAN DIEGO	**OUR PRICE**			**GATE PRICE**	
	Adult	**Child**	**Age Range**	**Adult**	**Child**
Belmont Park: Attractions Only	**$19.00**			$24.95	
Belmont Park: Combo Pass	**$38.50**			$54.00	
Belmont Park: General Admission	**$19.50**			$30.00	
Belmont Park: under 48 inches	**$14.00**			$20.00	
Fishermans Landing: 1/2 Day Trip	**$35.50**			$50.00	
Flagship Cruises: 1 Hour (MOA)	**$7.50**			$25.00	
H and M Landing: 1/2 Day local fishing (MOA)	**$40.00**			$52.00	
HornBlower: 1 Hour Cruise (MOA)	**$7.25**		Ages 4 - 12	$27.00	
Ifly	**$59.50**		Ages 3 and up	$92.81	
Maritime Museum of San Diego	**$12.50**	**$6.50**		$18.00	$8.00
Midway Museum	**$11.25**	**$7.75**		$23.00	$10.00
San Diego Zoo	**$46.40**	**$37.80**	Ages 3-11	$54.00	$44.00
Safari Park	**$46.40**	**$37.80**	Ages 3-11	$54.00	$44.00
SD Zoo/Safari Park: Active Duty get FREE Admission once per year					
SeaWorld San Diego: 1 Day	**$67.00**	**$67.00**	Ages 3-9	$89.99	$89.99
SeaWorld San Diego: Military Appreciation 2 Day	**$67.00**	**$67.00**	Ages 3-9	$89.99	$89.99
SeaWorld: Active Duty get FREE Admission with up to 3 Dependents once per year					
CALIFORNIA	**OUR PRICE**			**GATE PRICE**	
Helgren's Sportfishing: Oceanside; 1/2 Day (MOA)	**$45.50**	**$27.00**	Ages 3-9	$55.00	$40.00
Helgren's Sportfishing: Oceanside; Whale Watching	**$27.00**		Ages 3-9	$40.00	
HornBlower-Sacramento: River Cruise	**$11.25**	**$9.00**	Ages 3-9	$20.00	$10.00
HornBlower-San Francisco: Brunch Cruise (MOA)	**$61.00**		Ages 3-9	$104.17	
Ifly-Sacramento: Earn Your Wings	**$59.50**		Ages 3-9	$82.81	
Ifly-San Francisco: Earn Your Wings	**$59.50**		Ages 3-9	$73.08	
MOVIES	**OUR PRICE**			**GATE PRICE**	
AMC Black	$10.50			$15.00	
AMC Movie Pack: 2 Gold Tickets, 2 small drinks, 1 small popcorn	N/A			N/A	
AMC Snacks: Small Popcorn	$4.50	**Drink**	$4.50	$6.00	$6.00
WATER PARKS	**OUR PRICE**			**GATE PRICE**	
Knott's Soak City	**$35.75**		Ages 3 - Adult	$50.00	
Raging Waters	**$27.00**			$45.99	
SeaWorld Aquatica	**$39.00**	**$33.00**		$47.99	$41.99
Six Flags Hurricane Harbor	**$31.00**			$42.99	

Pricing is subject to change by attractions at any time without advance notice. Call the ITT office to verify pricing. No exchanges or refunds, no exceptions.

youth programs

Fort MacArthur (Bldg. 425)
(310) 653-8383

Open Recreation School Days
Monday - Thursday: 3 p.m. - 7 p.m.
Friday: 3 p.m. - 8 p.m.

Open Recreation School Break
Monday - Friday: 12 p.m. - 6 p.m.

School Age Program
Monday - Friday: 6 a.m. - 6 p.m.

Closed: September 3

Youth Programs supports dependents of active duty military, retired military, active reservists, DoD personnel, and those living on base with a current contract with Tierra Vista. Youth Programs provides age appropriate activities, classes, trips, and events for youth ages 5-18 years.

Open Recreation Program may be closed due to field trip/events. Please call Youth Programs for more information.

LAAFB Youth Programs

ONGOING PROGRAMS

School Age Care 2018 (Ages 5-12)

Before and After School Programs provide age-appropriate child care with quality programming, youth activities and events. Clubs, activities, and USDA approved meals and snacks are offered. Transportation to and from select schools is available. The program focuses on team building, cognitive growth, and development of social awareness and problem solving skills. The staff offers homework support to youth enrolled in the School Age Program.

Open Recreation Program (Ages 9-18)

This program provides recreational options for all dependents of active duty, retired military, DoD employees, and contractors living on base under a Tierra Vista lease contract. Youth must have current membership and be between 9-18 years of age. Community service programs, clubs, and classes are offered with focus on recreational activities, cognitive challenges, and team building. **$30 per year**

Transportation Program (Ages 9-18)

Youth Program members are eligible for transportation to and from select schools: Leland Elementary, Point Fermin Elementary, White Point Elementary, Dana Middle School, and Port of Los Angeles High School. Upon return, registered youth may enjoy our Open Recreation Program, or go directly home. **$50 per week**

*Note: Participation in the transportation program does not automatically register youth for after school activities. Youth must be enrolled in Open Recreation and other programming separately.

Congressional Award Opportunities

The Congressional Award is the United States Congress' award for young Americans. It is non-partisan, voluntary, and non-competitive. The program is open to all 14 to 23 year-olds. Participants earn Bronze, Silver, & Gold Congressional Award Certificates & Bronze, Silver, & Gold Congressional Award Medals. Each level involves setting goals in four program areas: Volunteer Public Service, Personal Development, Physical Fitness, and Expedition/Exploration. For more information visit *http://congressionalaward.org* or contact Youth Programs (310) 653-8383

WEEKLY PROGRAMS

Youth Karate (Ages 5-14)
Mondays & Wednesdays, 5 p.m. - 6 p.m.
Join in the fun, learn the fundamentals of Karate with Sensei Jerome. Youth 8 years and under must be accompanied by an adult.

Tae Kwon Do Instruction (Ages 6 and older)
Tuesdays & Thursdays, 6:30 p.m. - 8 p.m.
Location: Fort MacArthur Fitness Center
Tae Kwon Do is a Korean Martial Art, which focuses on hand and foot techniques that neutralize attacks and provide a means of protecting both yourself and your loved ones. The practice and employment of these techniques is governed by the Five Tenets: Courtesy, Integrity, Self-Control, Perseverance and Indomitable Spirit. The program is "Family Style" meaning that it is open to males and females, children and adults, from 6 years old and up. New students are accepted continuously.
Register at the Youth Center: **$40.00 per month**

Explorer Club (Ages 5 – 8)
Mondays, September 10, 17 & 24 , 3:30 p.m. – 4:30 p.m.
Weekly activities geared toward 5-8 years old. Activities may include art, cooking and fitness.

Smart Girls (Ages 9-12)
Monday, September 10, 4 p.m. - 5 p.m.
Learn "Smart Girl" skills to be the best you can be! Permission slips are required to participate in classes.

Passport to Manhood (Ages 11-14)
Monday, September 24, 4 p.m. - 5 p.m.
Come learn about what it takes to earn the "Passport to Manhood". Permission slips required to participate in the class.

Torch Club (Ages 9-12)
Tuesdays, September 4, 11, 18 & 25, 4 p.m. - 5 p.m.
Torch Club encourages community service, individual growth, and companionship. Join us weekly to become greater than yourself!

Fine Arts Program (Ages 9-18)
Wednesdays, September 5, 12, 19 & 26 , 4 p.m. - 5 p.m.
Explore your inner creativity and learn new skills.

Computer Instruction (Ages 5-8)
Wednesdays, September 5, 12, 19 & 26 , 4 p.m. - 5 p.m.
Computer instruction will be available to assist you in becoming proficient with computer programs and associated technology. Classes will assist with personal academic performance and competitiveness in global workforce opportunities. First come, first serve basis.

Guitar/Music Lessons (Ages: 9-18)
Thursdays, September 6, 13, 20 & 27, 4 p.m. - 7 p.m.
Are you interested in learning to play the guitar? Join us on Thursdays to learn the skills requires to perform and improvise on the guitar. Guitars provided during lesson, but students are encouraged to bring their own so they can practice at home. After guitar lessons, come jam with us and learn about what it takes to be in a band.

Keystone Club (Ages 13-18)
Fridays, September 14 & 21 , 5 p.m. – 6 p.m.
Keystone Club encourages community service, individual growth, and companionship. Join us weekly and become a great leader, join Keystone today!

Parent Advisory Board Meeting (Ages 9-18)
Thursday, September 13, 12 p.m. - 1 p.m.
Location: Child Development Center, El Segundo
Families are encouraged to be a part of the Parent Advisory Board. If your child/youth participates in School Age Program, Open Recreation, Home School Club, or Explorer Club, we invite you to be a part of the discussion.

CHILD DEVELOPMENT CENTER

child development center

El Segundo (Bldg. 281)
(310) 653-6800

Monday - Friday: 6:30 a.m. - 6 p.m.

Closed: September 3

Full-time and hourly care to Active Duty, DoD and Active Reservists.

We offer individual and group, age appropriate educational activities that stimulate social, cognitive and emotional growth for children ages 6 weeks to 5 years.

We are proud to participate in the USDA Food Program with base-dietitian approved menus.

Our facility is NAEYC accredited and features professional and caring staff.

In accordance with Federal Law & US Dept of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

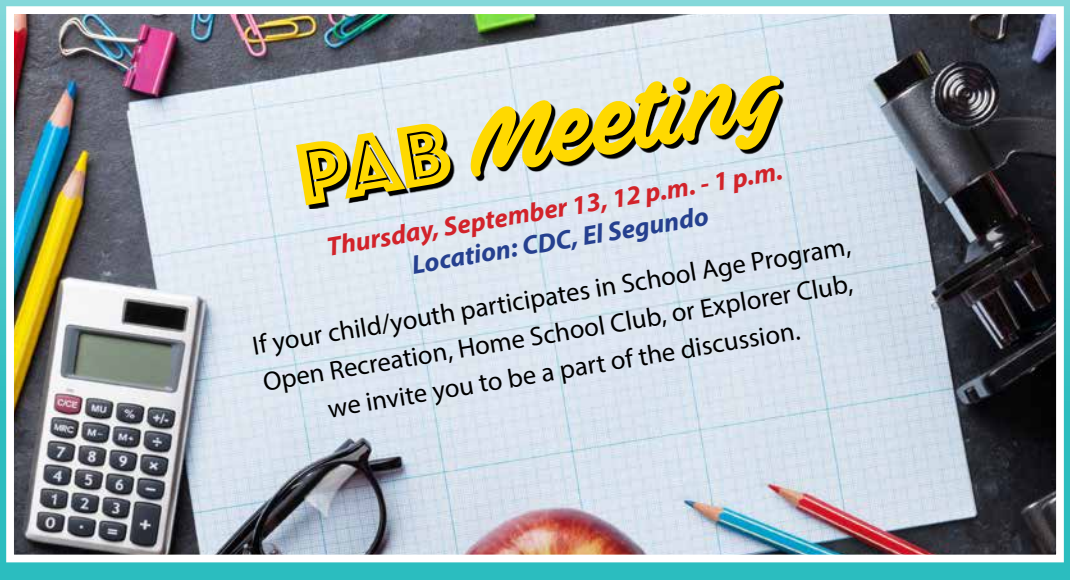
SUPER Star OF THE MONTH

Ms. Toya Alexander

CONGRATULATIONS TO OUR CDC STAFF SUPER STAR!

We appreciate your outstanding work and dedication to caring for our Los Angeles AFB CDC families.

CDC parents continue to vote for your favorite CDC Staff and tell us why you appreciate them so much!



FAMILY CHILD CARE

family child care

El Segundo (Bldg. 281)
(310) 653-6802

Closed: September 3

Did You Know?

Individuals taking care of someone else's children in base quarters on a regular basis for more than 10 hours per week must be licensed. Residents of base housing who knowingly provide unlicensed child care are in danger of losing their base housing privileges. The care in FCC is provided in the home of individuals licensed under AFI 34-144 guidelines.

These licensed child care providers must complete (at a minimum) 24 hours of orientation, be certified in CPR/First Aid, complete AF child care training modules, obtain liability insurance and have their home meet fire prevention, health and safety guidelines. Please contact the FCC office for further details.

FCC PROVIDERS NEEDED!

Make extra income while caring for children in the comfort of your own home. Family Child Care (FCC) staff will train and help you provide responsible and safe in-home care for children 2 weeks to 13 years old in your government or affiliated off-base home.

At **WEBSTER UNIVERSITY,** our degrees address the needs of professionals like you who want to shape their own destiny, upgrade their credentials, and be a strategic player in the world of business. Webster's programs are designed with the flexibility that working adults need. Make your future unlimited, **APPLY TODAY!**

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Master of Arts
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Management and Leadership
Procurement and Acquisitions Management
Master of Science
Cybersecurity
Graduate Certificate
Government Contracting

CONVENIENT

- NO GRE/GMAT
- Classes meet one night a week

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61 FSS/FSDE • 483 N. Aviation Blvd.
Building 272, Room C2-207 • 310-607-8005
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LEARN ABOUT TIPS AND BENEFITS YOU'RE MISSING OUT ON

- **Career Development**
- **Benefits & Entitlement**
- **Current NAF Job Openings**
- **General Questions**
- **How to Apply**

HRO
NAF Human Resources Office

El Segundo, Bldg. 272, C2-308
(310) 653-5085
Monday - Friday: 8 a.m. - 3:30 p.m.

Fort MacArthur, Bldg. 410
(310) 653-8943
Monday & Friday: 8 a.m. - 3:30 p.m.
Email: hro@us.af.mil

Closed every 1st Thursday of the month for training.

Search current NAF openings at Air Force bases worldwide
Apply online! It's never been easier.
www.NAFJobs.org

LA STAR AWARDS

El Segundo (Bldg. 272, C2-336)
(310) 653-5334
Monday - Friday: 8 a.m. - 3:30 p.m.
LA.Star.Awards@us.af.mil

Closed every 1st Thursday of the month for training

Closed: September 3

Home of the Hollywood Star, LA Star Awards is your one stop shop for printing and engraving services as well as awards, trophies, gifts and more.

Ask us about the following:

- Hollywood Stars
- Wooden Plaques
- Custom Design
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- Poster Printing
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- Crystal Awards
- Trophies
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- *and so much more!*

CUSTOM DESIGN PLAQUE
14" x 11" **$48**
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CALIFORNIA DREAMIN' PLAQUE
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Value Wood Base **$150**
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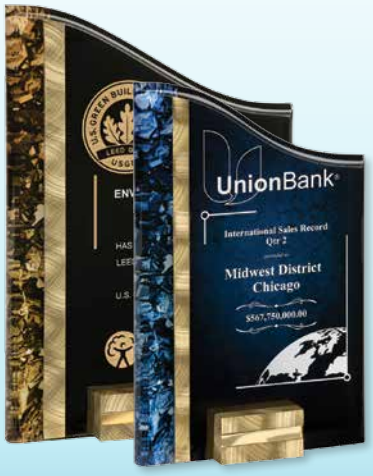
LET US ASSIST YOU WITH YOUR QUARTERLY & ANNUAL AWARDS PROGRAM!

ROUND VAPOR ACRYLIC
(Blue & Red)
5" **$52**
6" **$52**

9" FACETED IMPRESS ACRYLIC
(Blue, Gold & Silver)
$79



VICTORY SUNRAY ACRYLIC
(Blue, Gold, Silver, Green, Purple & Red)
8" **$61**
10" **$85**

LA STAR AWARDS

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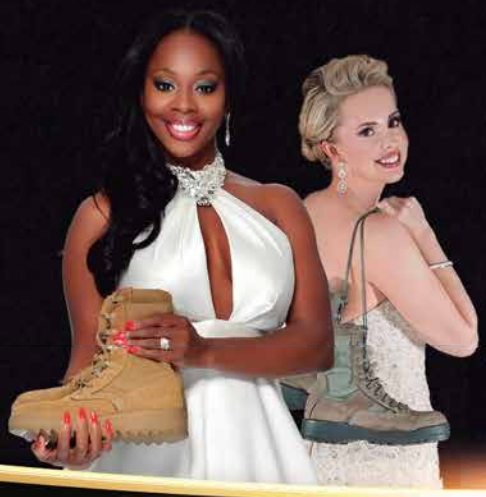
The Woman Beyond the Uniform

THE WOMAN BEYOND THE UNIFORM

MS. VETERAN AMERICA 2018

OCTOBER 7, 2018 | HOLLYWOOD, CA



CELEBRITY GUESTS

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Daisy Duke/Dukes of Hazzard

SKYE MARSHALL

Black Lightning / Grey's Anatomy

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First Female NFL Coach/Gold Medalist

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