**Column A** contains a list of benefits typically offered by U.S. employers. This list comes from the annual benefits survey conducted by the Bureau of Labor statistics. Additional benefits offered by the military but rarely offered by civilian employers are included toward the bottom of the list.

**Column B** contains information on the percentage of civilian employers which typically offer the benefit, as well as additional cost information where appropriate.

**Column C** is a listing of benefits included in the military compensation package.

**Column D** is a listing of benefits included in the federal employment compensation package.

**Columns E and F** are for you to write in the details of a job offer so you can compare to both your current military compensation as well as the national averages for all U.S. employers.

**Footnotes** include relevant websites which provide compensation calculators and additional information on your military benefits. Most websites have specific information for transitioning and wounded, ill or injured members.

A. Type of Benefit	B. National Averages for all Civilian Employees <sup>2</sup>	C. Military Compensation	D. Federal Employment	E. Offer 1	F. Offer 2			
Salary								
Monetary Compensation	National wage averages by location or job can be researched at www.bls.gov	Current Pay \$ Equivalent Civilian Salary \$ Federal Employee Health Benefit Program (Use calculator in footnote 4)	Based on Federal Schedules <sup>3</sup>	\$	\$			
Retirement								
	Type of							
Retirement Plan	71%	Provided	Yes					
O Defined Benefit	31%	At 20 Years <sup>5</sup>	FERS	\$	\$			
O Defined Contribution	56%	Uniformed Thrift Savings Plan <sup>6</sup>	Federal Thrift Savings Plan	\$	\$			
Healthcare								
Type of plan? (PPO, HMO, POS) >>								
Medical Care	74%	Covered <sup>7</sup>	Federal					
Single	Avg. monthly cost \$89	No cost to member	Employee Health Benefit Program	\$	\$			
Family	Avg. monthly cost \$347	No cost via TRICARE Prime		\$	\$			

PERSONAL FINANCIAL PLANNING FOR CAREER TRANSITION

A. Type of Benefit	B. National Averages for all Civilian Employees <sup>2</sup>	C. Military Compensation	D. Federal Employment	E. Offer 1	F. Offer 2
Dental	48% Premiums range from \$25 to \$50/month	Covered, no cost to member; \$12/month for one family member, \$31/ month for more than one family member	Federal Employee Dental and Vision Insurance Program	\$	\$
Vision	29%	Covered, no cost to member; one free exam per year for family members on TRICARE Prime		\$	\$
Outpatient Prescription Coverage	72%	Covered, no cost to member; zero to \$22 if TRICARE Prime	A variety of benefits are available under the FSAFEDS program	\$	\$
Health Savings Account	14%	N/A		\$	\$
Benefits "Cafeteria" Plan (includes flexible benefits)	20 – 39%	N/A		\$	\$
Retiree Health Care Plan	24%	Yes (medical and dental for a cost)	Yes	\$	\$
		Insurance			
Life Insurance	62%  Avg. 1.4 times earnings or avg. flat coverage of \$15,000 provided at no cost. More may be available for a cost.	SGLI up to \$400,000 for 6.5 cents per \$1,000 of coverage; discount family coverage available via FSGLI; conversion to VGLI available <sup>8</sup>	Federal Employees' Group Life Insurance Program	\$	\$
Short-Term Disability Insurance	37% Avg. 26 weeks at 64% of earnings	Until medically retired, basic pay continues at no cost	If covered	\$	\$
Long-Term Disability Insurance	33% Avg. \$7,000 max benefit amount	Disability pay upon medical and regular retirement may be authorized	under FERS	\$	\$
Long-Term Care	16%	N/A, but enlisted, warrant officers and LDOs are eligible for the Armed Forces Retirement Homes <sup>9</sup>	Federal Long-Term Care Insurance Program	\$	\$

PERSONAL FINANCIAL PLANNING FOR CAREER TRANSITION

A. Type of Benefit	B. National Averages for all Civilian Employees <sup>2</sup>	C. Military Compensation	D. Federal Employment	E. Offer 1	F. Offer 2			
Other Benefits <sup>10</sup>								
Paid Holidays	76% 8 days/year avg.	10 days/year	10 days/year					
Paid Sick Leave	66% 8 days/year avg.	SIQ as authorized	Starts at 13 days/year					
Paid Vacation	75% 10 days/year avg.	2.5 days per month, for a total of 30 days per year, including weekends and holidays	Starts at 13 days/year					
Paid Jury Duty	73%	Yes	Yes					
Childcare	10%	Subsidized via on-base and selected home care providers <sup>11</sup>	Subsidized through DCESA					
Flexible Workplace	5%	No	Some					
Subsidized Commuting	7%	In selected locations	In selected locations					
Wellness Program	33%	On-base facilities at no cost						
Employee Assistance Program	49%	Most bases have community support centers <sup>11</sup>	Yes					
Financial Planning	16%	May be available at no cost at base community support centers or through Military OneSource <sup>11</sup>						
	Additio	onal Military Benefits						
		<ul> <li>Survivor Benefits<sup>12</sup></li> <li>Commissary<sup>11</sup></li> <li>Education<sup>1</sup></li> <li>Exchange<sup>11</sup></li> <li>Legal Assistance<sup>13</sup></li> <li>Housing allowance or military housing<sup>11</sup></li> <li>Moving reimbursement and relocation assistance<sup>11</sup></li> <li>Deployment assistance<sup>11</sup></li> <li>Savings Deposit Program<sup>1</sup></li> <li>Non-taxable pay if earned in combat zone<sup>14</sup></li> <li>Reenlistment and specialty bonuses<sup>14</sup></li> <li>Free tax preparation services (VITA)<sup>11</sup></li> </ul>						

PERSONAL FINANCIAL PLANNING FOR CAREER TRANSITION

### **Footnotes**

- 1. https://www.ebenefits.va.gov (Gateway to Benefits Information)
- 2. http://www.bls.gov/ncs/ebs/benefits/ (National Benefits Statistics)
- 3. http://www.opm.gov (Office of Personnel Management for Federal Employment)
- 4. http://militarypay.defense.gov/pay/calc/index.html (Military Compensation Calculator)
- 5. http://militarypay.defense.gov/retirement/calc/ (Military Retirement Benefits Calculator)
- 6. http://www.tsp.gov (Thrift Savings Plan)
- 7. http://tricare.mil/mybenefit/ProfileFilter.do?puri=%2Fhome%2FLifeEvents (TRICARE transition information)
- 8. http://www.insurance.va.gov/miscellaneous/ (Veterans' Group Life Insurance information)
- 9. https://www.afrh.gov/afrh/ (Armed Forces Retirement Homes)
- 10. http://www.militaryhomefront.dod.mil/ (Department of Defense website for official Military Community and Family Policy program information, policy and guidance)
- 11. http://www.militaryonesource.com/ (Military OneSource)
- 12. http://www.vba.va.gov/survivors/ (VA Survivor Benefits Information)
- 13. http://www.jag.navy.mil/legal\_services.htm (Legal assistance locator)
- 14. http://www.dfas.mil/index.html (Defense Finance and Accounting Service pay information)
- $15. \ http://www.dfas.mil/army2/investmentoptions/savings deposit programs dp.html \ (DFAS\ Information\ on\ the\ Savings\ Deposit\ Program)$